

You are invited to participate in Peer Support Training at a series of Town Hall Meetings. They are being held using the Nebraska Telehealth System. The sites available are in Omaha at the University of Nebraska Medical Center, in Lincoln at Bryan LGH West, in Kearney at Good Samaritan Hospital and in Scottsbluff at the Panhandle Mental Health Center.

You will need to **register in advance** for these forums. Please complete the enclosed registration form and send it to Dan Powers at the address on the Registration form

Office of Consumer Affairs Nebraska

All Meetings are from 1pm to 3pm Central Daylight Time

May

14 Using Telehealth/Healthnet: Open House Conversation

21 Wellness of the Mind, Body, and Spirit

28 Creating a Statewide Consumer Council/a Statewide Consumer Conference/ a Annual Memorial at the State Cemeteries

June

4 Road Map to Making New Friends, Getting a Job, Getting Out More, and Support Animals

18 Road Map to Financial Literacy and Wise Spending, Investing, Asset Mgmt

25 Road Map to Starting Your Own Business; to Obtaining a GED, HS Diploma, Associates Degree, and College Degree

July

2 Peer Support for Returning Vets: What's Available in Nebraska?

9 Using Art to Support Recovery, Other Recovery Tools that Don't Involve Writing

16 Accessing and Using Technology to Support Peers and Learn New Information